The pandemic has affected the daily reality managers of technology and investors face. The majority of survey respondents (58%) believe that the pandemic will have a long-term impact on their career. However, this is not a uniformly negative impact, as companies are investing in the tools and solutions they’ll need to thrive in a post-pandemic world.

In addition to aligning with other measures, the pandemic has changed the way many people approach their careers. The majority (58%) of respondents believe that the pandemic will have a long-term impact on their career. However, this is not a uniformly negative impact, as companies are investing in the tools and solutions they’ll need to thrive in a post-pandemic world.

A significant toll on carers

As the pandemic has continued, the pressures on carers have increased. The 12-country global survey, fielded Sept. 3-Oct. 27, 2020, was commissioned by Merck, a leading global pharmaceutical company, to better understand the impact of the pandemic on carers. The survey found that carers across U.S., Canada, U.K., France, Germany, Italy, Spain, Australia, Brazil, Taiwan, India, and China have faced increased responsibilities and time spent caring as a result of the pandemic.

The pandemic has heightened most responsibilities, but particularly:

- The strains on carers are undeniable: the pandemic has dramatically increased the burden placed on all carers.
- Providing proper care: carers are concerned they will not be able to afford to provide proper care.
- The emotional impact on carers: carers are worried their health overall has worsened.
- The financial impact on carers: carers are worried they will lose their job because of the time they spend caring.
- The impact on their career: carers are concerned they will not be able to afford to spend time caring.

The pandemic has also affected the time spent caring. Carers in APAC spent, on average, 14.5 hours per week of care before the pandemic; that amount jumped to 24.6 hours in Autumn 2020, and carers anticipate it will increase further to an average of 27.7 hours a week in the future due to the pandemic.

The pandemic has also affected carers’ expectations for the future. The future due to the pandemic, higher than the global average which can be affected by a group of people already under strain: those carers across the APAC region.

The pandemic has caused three pressure points:

- Emotional: 58% of carers in APAC say they are concerned they have had to sacrifice more of their personal life for the individual(s) they care for since the pandemic began.
- Financial: 48% of carers in APAC say they will lose their job because of the time they spend caring.
- Career: 75% of carers in APAC say they are concerned they will not be able to afford to spend time caring.

The PATH FORWARD

Embracing Carers™ has identified five advocacy priorities that address universal needs for carers:

- Improved access to health and well-being
- Improved access to education
- Improved access to information
- Support for carers who are employed
- Improved access to support

For more information on the latest carer well-being index or to learn more about how you can support carers, please visit embracingcarers.com.